

# **Shining Star Preschool**

## **Little Stars Daily Schedule**

Daily schedules are developed with the following in mind:

- Matching the age and abilities of the children.
- Outdoor time every day: structured and unstructured.
- At least 2 large blocks of time for free play.
- Small group activities.
- Snack and lunch times
- Rest time.

(The following schedule is generic and is subject to modifications to suit the requirements of the teaching staff.)

Open – 9:15 am

Arrival: The children settle in with quiet activities at learning centers.

9:15 – 9:30 am

Group Time: The children come together on the rug to welcome each other and talk briefly about the day's events. It may also include a story, song on a stick or fingerplay.

9:30 – 10:00 am

Learning Centers: The children are assigned to different play areas with different themes (i.e. Art Center, Play Kitchen Center, Sensory Center). The Dramatic Play Center changes themes (i.e. Ocean, Construction, Animals) every two weeks.

10:00 – 10:30

Morning Snack: Bathroom break/diaper change/hand washing.

10:30 – 11:00 am

Outdoor Play: The children enjoy structured and unstructured play on the playground.

11:00 – 11:45 am

Free Play: The children play in the classroom in preparation for lunch.

11:45 -12:00 pm

Hand washing and potty break.

12:00 – 12:30 pm

Lunch

12:30 pm

Half Day Pickup: Half day children are signed out by their parent and depart.

12:30 -2:30 pm

Rest Time: The children nap on cots in the classroom. As they wake, they can select from different quiet activities.

2:30 – 3:00 pm

Afternoon Snack: Bathroom break/diaper change/hand washing.

3:00 – 3:45 pm

Learning Centers: The children are assigned to different play activities.

3:45 – 4:15 pm

Outdoor Play: The children enjoy structured and unstructured play on the playground.

4:15 – 5:15

Free Play: The children play in the classroom in preparation for afternoon pickup.